

## HOW ARE PARENTS INVOLVED?

Parents are encouraged to be actively involved in their child's HS/UPK - EHS experience through classroom volunteering, representing your child's classroom on various committees, home visits, parent/teacher meetings, Parent Group meetings, and participation in educational workshops or trainings.

Program staff are available to provide family members support in attaining goals relating to various areas, such as continuing education, obtaining employment or accessing community resources.

## WHO IS ELIGIBLE?

*Early Head Start:* Serves pregnant women and infants from birth to age 3.

*Head Start:* Serves children ages 3 - 5 years old. HS/EHS applicants must be residents of Steuben County or Yates County. Both HS and EHS enrollees must meet certain federal income or other eligibility requirements. 10% of HS/EHS slots are made available to children with identified special needs.

*UPK:* Children must be age 4 on or before December 1<sup>st</sup> of the school year they enroll in. UPK enrollees must reside in the school district in which they attend UPK.

## WHEN DO CHILDREN ATTEND?

HS/UPK classroom schedules follow the local school district's calendar. EHS services are provided year round.

## WHAT IS THE COST?

There is no cost to the family.

## HOW DO I APPLY?

To complete an application, contact your local HS / EHS program or the Main Office:

### *HS/UPK:*

Addison: 607-695-2657  
Avoca: 607-566-2221 ext. 1122  
Bath Cooktown: 607-776-0465  
Bath VEW: 607-776-4123 ext. 7949  
Campbell-Savona: 607-527-9800 ext. 4224  
Canisteo-Greenwood: 607-698-2190  
Corning: 607-973-2903 ext. 203 or 204  
Hornell: 607-324-4091/607-324-0307 ext. 204 or 208  
Jasper-Troupsburg: 607-525-6361  
Penn Yan: 315-536-6856  
Wayland-Cohocton: 585-728-2211  
Eastern Steuben home based:  
607-973-2903 ext. 202

### *EHS:*

Addison Office: 607-695-2657  
Northern Steuben: 607-776-2125 ext. 143 or 131  
Corning Office:  
607-973-2903 ext. 205 or 206  
Hornell Office: 607-324-0307 ext. 500  
Penn Yan/Yates County Office:  
315-536-6856

**Head Start/UPK – EHS Main Office**  
117 E. Steuben St.  
Bath, NY 14810  
607-776-2125 or 1-800-553-2033  
Fax: 607-776-3432  
Email: head start @proactioninc.org

*Head Start does not discriminate on the basis of sex, race, national or ethnic origin, religion, or handicapping condition.*

# Head Start/UPK

## Early Head Start



**Serving pregnant women,  
infants/toddlers and  
preschoolers throughout  
Steuben and Yates  
Counties**



## WHAT IS EARLY HEAD START?



*Early Head Start (EHS)* is a federally-funded program which offers an array of services to pregnant women, and newborn to 3-year-old children and their families. EHS's primary focus is to support the healthy development of infants/toddlers. EHS recognizes that early education is a vital part of the child's ability to succeed in school in later years. EHS services are provided in either center based or home based settings.



### *Home Based Option*

Staff and parents work together during weekly home visits to implement the Parents As Teachers (P.A.T.) curriculum. This option also offers opportunities for enrolled families to meet and socialize with other children and parents. Home based services

are available throughout Steuben and Yates counties.

### *Center Based Option (available in Hornell and Corning)*

Infants/toddlers attend a daily classroom program featuring a research-based curriculum in well-equipped classroom environments. Services include developmental assessments of enrolled infants/toddlers; individualized lesson plans; nutritious meals; and assistance in accessing health, dental, or mental health services

## WHAT IS HEAD START/UPK?



The *Head Start (HS) / UPK* school readiness program prepares 3- and 4-year-old children for a successful transition to kindergarten. HS/UPK is supported by federal funds and state Universal Pre-Kindergarten funds. All HS/UPK classrooms are partners in the local school district's pre-kindergarten program.

The HS/UPK program utilizes a research-based curriculum, *Creative Curriculum*, and other curriculum supports to ensure a developmentally appropriate program that aligns with both federal and state education

standards. Well-equipped environments offer children opportunities for optimal growth and development. Highly qualified classroom teaching staff use a variety of strategies to help each child develop physically, emotionally, socially, cognitively and creatively. Through hands-on experiences, small and large group instruction, and child-initiated activities, your child will have many opportunities to build upon existing language, literacy, science and math skills.

In addition to the center based classrooms, HS education services are also available in a *home based* program and a *combination option* program in some locations. Combination option combines home visits and a 1 day/week center based program.

Services in all options include developmental assessments, nutritious meals and assistance in accessing health, dental, or mental health services. Program staff partner with families to develop individual child school readiness goals.

