

FAMILY ENRICHMENT CALENDAR

July
2017

Inside:

- ⇒ Child Development Activities
- ⇒ Play Groups & Story Hours
- ⇒ Special Activities & Events
- ⇒ Parent Groups & Education
- ⇒ Parent Education Menu

Great parents are made, not born.

Summer Drop-in Center Hours

Addison -Jennie Mose Family Resource Center

14 South Street, Addison, NY 14801 (former post office); Phone: # 359-3839

Tuesdays -Fridays 9:00 am -1:00 pm

Evening hours Tuesdays 6:00-7:00 pm

Closed Mondays and week of July 3rd - July 7th

Bath Area Family Resource Center

216 Maple Heights, Bath, NY 14810 (VEW elementary school); Phone: # 776-4123 x 5650

Mondays-Wednesdays: 8:45 am-1:00 pm; Thursdays 8:45 am - 7:00 pm (Closed from 1:00-1:30 pm)

Closed: Fridays and week of July 3rd - July 7th for cleaning

Corning -Nonnie Hood Parent Resource Center

300 Civic Center Plaza, Corning, NY 14830 (above the Corning library); Phone: #936-3837

Tuesdays, Wednesdays, and Fridays: 9:00 am-2:00 pm; Thursdays: 12:00 pm -7:00 pm

Saturdays: 10:00 am -1:00 pm

Closed Mondays and Tuesday July 4th

Hornell Area Family Resource Center

Avondale Avenue, Hornell, NY 14843 Phone # 324-0014, ext. 1741

Mondays 1:00- 5:00 pm; Tuesday & Wednesdays 9:30 am - 1:30 pm

Closed Fridays and Tuesday July 4th



Prevent the summer slide by participating in summer learning fun!



CHILD DEVELOPMENT ACTIVITIES

FREE! Ages & Stages Developmental Screening

Ages & Stages Questionnaires is a developmental screening tool parents can use for children ages 1 ½ months to 5 ½ years. The ASQ is an ongoing, family friendly screening tool to see if your child is on track in the areas of communication, gross motor, fine motor, problem solving, and personal- social development. Interested families will have an initial child screening and then rescreened yearly to ensure children are on track developmentally. ASQ is easy to use, identifies areas in need of practice, and celebrates early childhood milestones.

ADDISON - Jennie Mose Family Resource Center

Day(s): Monday

Date(s): July 24, 2017

Time: 10:00 AM – 12:00 NOON

Registration: Registration is required.

Please Contact Kryns Watkins @ 607 359-3939 or watkinsk@proactioninc.org

HORNELL- Hornell Area Family Resource Center

Day(s): Monday

Date(s): July 17, 2017

Time: 2:00 PM - 4:00 PM

Place: Hornell Area Family Resource Center

Registration: Registration is required.

Please contact Dawn @ the HFRC at 607-324-0014 ext 1741.

BATH -Bath Area Family Resource Center

Day(s): Friday

Date(s): July 14, 2017

Time: 9:30 AM - 11:00 AM

Registration: Registration is required. Please contact

Pam @ the BAFRC at 607-776-4123 x5650

CORNING – Nonnie Hood Parent Resource Center

Call to schedule an appointment at 607-936-3837

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required

Call the NHPRC at (607) 936-3837



Baby Doll Circle Time

Based on Dr. Becky Bailey's Baby Doll Circle Time, children will interact with their baby doll in similar ways to how an adult interacts with a baby / child. As we model playing peek-a-boo, stop and go, or tickling games, your child will play the same game with their baby doll. These interactions encourage connections, impulse control, attention, self-regulation, empathy, and more!

Giggles and fun for all! Bring your own baby doll or use one of ours!

JENNIE MOSE FAMILY RESOURCE CENTER

Day(s): Tuesdays

Date(s): July, 2017

Time: 10:00 AM - 10:30 AM

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

BATH AREA FAMILY RESOURCE CENTER

Day(s): Monday

Date(s): July 17, 2017

Time: 9:30 AM - 10:00 AM

Place: Bath Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

HORNELL AREA FAMILY RESOURCE CENTER

Day(s): Tuesday

Date(s): July 18, 2017

Time: 10:30 AM - 11:00 AM

Place: Hornell Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care either is not necessary or is not available.

Food: None



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PLAYGROUPS AND STORY HOURS

BAFRC at the Farmer's Market!

Never been to a Family Resource Center? (weather permitting) Come to the Bath Farmer's Market and experience a Pop UP FRC! Hands on activities, crafts and more! You don't want to miss this!

THE CENTER WILL BE CLOSED ON THIS DAY

Day(s): Wednesday

Date(s): July 19, 2017

Time: 9:30 AM - 11:30 AM

Place: Other-see flyer

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: None

Fun Fridays

As the name implies Fridays will be designated to special activities or events for the littles and their families or providers.

Day(s): Fridays

Date(s): July 14, 21 & 28, 2017

Time: 10:00 AM - 12:00 NOON

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Playground Fun

Meet at the Center at 1, and then we'll head out to the playground at North Hornell School for bubble fun, parachute activities, and more!

Day(s): Thursdays

Date(s): July 6, 20, 2017

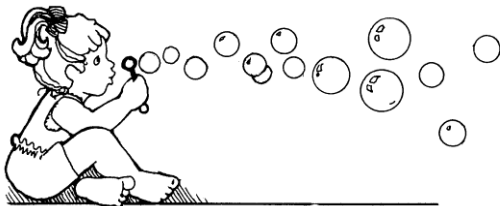
Time: 1:00 PM - 2:00 PM

Place: Hornell Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: None



Pudding Painting!

Just another way to enjoy sensory play! The best part is that we don't have to worry about the little ones putting it in their mouths!

Day(s): Wednesday

Date(s): July 12, 2017

Time: 10:00 AM - 10:30 AM

Place: Bath Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack



Story Time

Miss Kathleen from the Dormann Library will join us for more fun and activities! We hope that you will join us!

Day(s): Thursdays

Date(s): July 13, 27, 2017

Time: 9:30 AM - 10:30 AM

Place: Bath Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Tall Tales

Tall Tales offers a balance of participatory and listening activities for children and their parents or caregivers. These activities include story-reading, story-telling, music, and movement. Snack provided. All are welcome to stay and play before and after.

Day(s): Tuesdays & Wednesdays

Date(s): July, 2017

Time: 10:30 AM - 11:30 AM

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack



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SPECIAL ACTIVITIES AND EVENTS

Adventures with Ani!

Back by popular demand, Miss Ani will lead us in a different adventure each week. Weather permitting, we will be outside near the playground by the BAFRC for some summer fun! Water might be involved so come prepared!

Day(s): Tuesdays

Date(s): July 11, 18, 25, 2017

Time: 9:30 AM - 10:30 AM

Place: Bath Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Crows Nest Artists!

Another opportunity to engage in creating from nature with Tony and Gwen! They amaze us each visit with bringing nature to the BAFRC and helping us to be creative!

Day(s): Monday

Date(s): July 31, 2017

Time: 10:00 AM - 11:30 AM

Place: Bath Area Family Resource Center

Registration: Registration is required. 607-776-4123 x5650

Child Care: Child care not necessary or is not available.

Food: None

Discover MyPlate and Catch Kids

The Cornell Cooperative Extension joins us this summer for a 4 week program to encourage kids to make healthy food choices and to stay active. Fun for kids PreK - Grade 5.

Day(s): Wednesdays

Date(s): July 5,12,19,26, 2017

Time: 10:30 AM - 11:30 AM

Place: Hornell Area Family Resource Center

Registration: Registration is required. Please call the Hornell Area Family Resource Center to register, at 607-324-014 Ext.1741 or email Robords-PatrickD@proactioninc.org

Child Care: Child care not necessary or is not available.

Food: There may be samples served appropriate to the program.

Empower Hour!

Barb McCollum Prevention Educator from Steuben Council on Addictions will be joining us for stories and activities that will engage and teach our little ones social skills, sharing, honesty and making good choices.

Day(s):

Date(s): July 13, 25, 2017

Time: 10:00 AM - 11:00 AM

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Hornell Area Family Resource Center @ the Hornell Farmers' Market

Stop by our table at the Hornell Farmers' Market! There's a free book waiting for you there! Enjoy a treat, a fun activity and learn about the different ways the Hornell FRC supports families.

Day(s): Thursday

Date(s): July 13, 2017

Time: 1:00 PM - 3:00 PM

Place: Other-see flyer

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

It's an Ice Cream Sort of Day!

I scream, you scream, we all scream for ice cream! Enjoy an ice cream craft followed by a delicious ice cream cone!

Day(s): Wednesday

Date(s): July 26, 2017

Time: 9:00 AM - 1:00 PM

Place: Bath Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack



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SPECIAL ACTIVITIES AND EVENTS CONTINUED

Kids Night In

Enjoy a date night while the kids play here at the PRC with our incredible staff! \$22.00 per child, pizza dinner and activities included. Pre-registration is required. Call the center at (607) 936-3837 to reserve your spot!

Day(s): Friday

Date(s): July 21, 2017

Time: 5:30 PM - 8:30 PM

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required. Call the center at (607) 936-3837

Child Care: Child care is available.

Call the center at (607) 936-3837

Food: Meal

Me Time

Drop-off child care when you need it most in a comfortable, clean, familiar atmosphere. \$18.00 per child, snack, activities, socialization, and learning through play! Pre-registration is required. Call the center at (607) 936-3837 to reserve your spot!

Day(s): Thursday

Date(s): July 27, 2017

Time: 9:00 AM - 11:30 AM

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required. Call the center at (607) 936-3837

Child Care: Child care is available.

Call the center at (607) 936-3837

Food: Snack

Music Development

Join us as we welcome Music Therapist, Jennifer Carlson, for special music activities to shape and grow standard development skills, such as communication, cognitive, social, motor, and language functions. Pre-registration required.

Day(s): Monday

Date(s): July 31, 2017

Time: 10:00 AM - 11:00 AM

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required. Call the center at (607) 936-3837

Child Care: Child care not necessary or is not available.

Food: None

S.T.E.M. with GST BOCES

Join us to explore the areas of Science, Technology, Engineering, and Math with a representative from GST BOCES. Always hands-on and always fun for all ages!

Day(s): Mondays

Date(s): July 10, 24, 2017

Time: 1:00 PM - 2:00 PM

Place: Hornell Area Family Resource Center

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: None

Science Sparks

Hands on science fun for our little ones.

Day(s): Thursdays

Date(s): July 20 & 27, 2017

Time: 10:30 AM - 11:30 AM

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Shake it Up with Fruits & Veggies

Pat Lamphier from Cornell Cooperative Extension will be joining us for fruit and veggie fun through music, movement and hands on activities.

Day(s): Friday

Date(s): July 14 & 28, 2017

Time: 10:00 AM - 12:00 NOON

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: Snack

Story Time Follow-Up/Arts & Crafts

In collaboration with Miss Sue from the library, the PRC will be offering related crafts and activities right after story hour here at the PRC! Drop-ins welcome.

Day(s): Tuesday

Date(s): July 25, 2017

Time: 10:45 AM - 12:00 NOON

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is not required.

Child Care: Child care not necessary or is not available.

Food: None



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SPECIAL EVENT CONTINUED

Summer Camp: Session 1

This year we will be offering two weeks of summer camp here at the PRC!

8 hours (2 hours daily) of Childcare, Themed Crafts and Activities, Healthy Snacks and so much more!

1st Session: Tuesday, July 11th-Friday, July 14th

2nd Session: Tuesday, August 8th-Friday, August

11th Ages 2-8 \$50.00 Per Child

For more information or to register, please call the center @ (607) 936-3837. Hurry! Slots are limited!

Day(s): Tuesday-Friday

Date(s): July 11, 12, 13, and 14, 2017

Time: 9:00 AM - 11:00 AM

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required. Call the center at (607) 936-3837

Child Care: Child care is available.

Call the center at (607) 936-3837

Food: Snack

Tie Dye at Mossy Bank Park!

Bring an item to dye (t-shirt, socks, shorts, hat, etc.) and use nature as props! Dyes will be provided. THE CENTER WILL BE CLOSED THIS DAY!

Day(s): Monday

Date(s): July 10, 2017

Time: 10:00 AM - 11:00 AM

Place: Mossy Bank Park Bath

Registration: Registration is not required.

Child Care: Child care is not necessary or is not available.

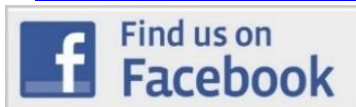
Food: Snack

FOR MORE FAMILY FUN EVENTS....



In **JULY** visit the events tab

@ www.becomeagreatparent.com



@Greatparentsmadehere

FORUMS AND WORKSHOPS

Managing Your Inner Gremlin

Come join Kim and learn how to beat that nagging inner dialogue that's interfering with living the life you desire! Pre-registration required.

Day(s): Thursdays

Date(s): July 13, 20, and 27, 2017

Time: 12:00 NOON - 1:00 PM

Place: Nonnie Hood Parent Resource Center (Corning)

Registration: Registration is required. Call the center at (607) 936-3837

Child Care: Child care either is not necessary or is not available.

Food: None

S2AY Rural Health Network Navigator Program

A Health Insurance Navigator will be available to assist with accessing the Health Insurance Marketplace or to answer questions regarding the Affordable Care Act. Wednesdays, 9am-1pm. Please contact the Institute for Human Services to make an appointment @ 2-1-1 or 1-800-346-2211.

Day(s): Wednesdays

Date(s): July 12, 19 & 26, 2017

Time: 9:00 AM - 12:00 NOON

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is required. Please contact the Institute of Human Services @ 2-1-1 or 1-800-346-2211

Child Care: Child care either is not necessary or is not available.

Food: None



**If You Need Help,
JUST A.S.K.**



Dial **2-1-1** to connect with community resources to get what you need to become the parent you want to be.

Finger Lakes Region, New York



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PARENT GROUPS AND EDUCATION

FLIP IT

FLIP IT® Teaches four, easy to remember steps to help children identify their feelings, learn healthy self-control and reduce challenging behaviors. FLIP IT® is for anyone...parents, grandparents, teachers, childcare providers. Facilitators are certified by Devereux Center for Resilient Children.

ADDISON SESSION Jennie Mose Family Resource Center

Day(s): Thursdays

Date(s): July 27, 2017

Time: 10:00 AM - 12:00 NOON

Place: Jennie Mose Family Resource Center (Addison)

Registration: Registration is required. Please contact Karen Sweeney (607) 426-4879 or markarensweeney@gmail.com

Child Care: Child care not necessary or is not available.

Food: None

BATH SESSION – Bath Area Family Resource Center

Day(s): Tuesdays

Date(s): July 11, 18, 25, 2017

Time: 2:00 PM - 4:00 PM

Place: Bath Area Family Resource Center

Registration: Registration is required. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com

Child Care: Child care is available.

Karen Sweeney 607-426-4879 or markarensweeney@gmail.com

Food: None

HORNELL SESSION – Hornell Family Resource Center

Day(s): Thursdays

Date(s): July 6, 13, 20, 27, 2017

Time: 5:00 PM - 7:00 PM

Place: Turning Point 20 Elm Street Hornell NY

Registration: Registration is required. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com

Child Care: Child care not necessary or is not available.

Food: None

**For more information or to register for a parent education offering in your area contact:
Parent Education Coordinator: Karen Sweeney
607-426-4879 or email your request to:
markarensweeney@gmail.com**

Brunch with Baby

This is an opportunity to learn more about being a first time mom and dad. We welcome pre-natal parents and those with babies up to 12 months. Babies are welcome!! The NYSPEP New Parent Tool Kit will be given to everyone who attends, which is full of resources and information Not only are these workshops lively and interactive, they offer food, fun and connection! Facilitators are credentialed by the NYS Parenting Education Partnership and/or certified Training for Excellence in Parenting Education

HORNELL SESSION- Hornell Area Family Resource Center

Day(s): Wednesday

Date(s): July 6, 2017

Time: 10:30 AM - 12:30 PM

Place: Hornell Area Family Resource Center

Registration: Registration is required. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com or Call the Center @ (607)324-0014 ext. 1741

Child Care: Child care not necessary or is not available.

Food: None

BATH SESSION – Bath Area Family Resource Center

Day(s): Wednesday

Date(s): July 6, 2017

Time: 10:30 AM - 12:30 PM

Place: Hornell Area Family Resource Center

Registration: Registration is required. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com or Call the Center @ (607)324-0014 ext. 1741

Child Care: Child care not necessary or is not available.

Food: None

PARENTHOOD 101

These classes are one time offerings. Topics will be identified by instructor as issues that are trending. The format will be a roundtable discussion with research based information being shared.

Day(s): Tuesday

Date(s): July 11, 2017

Time: 10:00 AM - 11:30 AM

Place: Hornell Area Family Resource Center

Registration: Registration is required. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com

Child Care: Child care is available. Karen Sweeney 607-426-4879 or markarensweeney@gmail.com

Food: None



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MENU OF PARENT EDUCATION OFFERINGS BY FAMILY ENRICHMENT COLLABORATIVE

FLIP IT

FLIP IT© Teaches four, easy to remember steps to help children identify their feelings, learn healthy self-control and reduce challenging behaviors. FLIP IT© is for anyone...parents, grandparents, teachers, childcare providers. While the best results happen for those who engage in a 5-week series, the program can be tailored to fit the audience. Other options include: 3-hour overview to full-day or two-day sessions. Facilitators are certified by Devereux Center for Resilient Children.

Dads Matter!

Developed by fathering and parenting experts, 24/7 Dad™ focuses on the characteristics that men need to be involved fathers 24 hours a day, 7 days a week. This community-based program helps men develop the attitudes, knowledge, and skills they need to get — and stay — involved with their children. 24/7 Dad™ focuses on key fathering characteristics — like masculinity, discipline, and work/family balance — and helps men evaluate their own parenting skills, as well as their fathering role models.

Flexible Families: Parenting Through Separation and Divorce

Getting divorced or separated is hard on everyone, especially the kids. This program helps parents understand how to deal with their own hurt or angry feelings about the break up in ways that keep their children's best interests at heart. Participants will learn about ways to communicate without fighting and ways to problem solve in ways that keep the peace. Facilitators are certified by the NYS Unified Family Court System.

BRUNCH WITH BABY

This is an opportunity to learn more about being a first time mom and dad. We welcome pre-natal parents and those with babies up to 12 months. Babies are welcome!! The NYSPEP New Parent Tool Kit will be given to everyone who attends, which is full of resources and information. Not only are these workshops lively and interactive, they offer food, fun and connection! Facilitators are credentialed by the NYS Parenting Education Partnership and/or certified Training for Excellence in Parenting Education

PARENTHOOD 101

These classes are one time offerings. Topics will be identified by instructor as issues that are trending. The format will be a roundtable discussion with research based information being shared.

Parenting with Heart

Is far and away the most popular parenting series. In this 10-week series parents choose what they want to or need to learn from a number of topics that include such things as discipline, child safety, communication, child development, and the importance of self-care and the effects of substance abuse on the family. Participants also learn about how their own upbringing influences the way they are raising their children. Parenting with Heart sessions are facilitator led, round-table discussions and take place in relaxed setting. Facilitators are credentialed by the NYS Parenting Education Partnerships

Grand Parenting Support Group

There are 4.9 million grandparents raising their grandchildren! Many others are stepping up and supporting their adult children in the raising of their children. This support group will explore the changes in our society that have occurred since the rearing of their children and much more.

Nurturing Parenting

Evidenced- based program created by Stephen J. Bavolek Ph.D. This program addresses a broad range of topics such as: ages and stages of development, communication, managing feelings, managing anger and stress, discipline, alternatives to spanking, creating parenting routines and much, much more.

Nurturing Parenting for Teen Parents

Evidenced – based program created by Stephen J. Bavolek Ph.D. Parenting is hard at any age, but especially for teen and very young parents. Sample topics covered: Become a more nurturing parent to your child, help your child to grow up with positive self-worth, use discipline and rewards that promote positive self-regard, ages and stages of development, how to have fun with your child, how to grow as a family, and so much more!

EASY TO LOVE, DIFFICULT TO DISCIPLINE the 7 Basic Skills for Turning Conflict into Cooperation- Book Study

We'll explore and learn from each other through this study-- Dr. Becky Bailey's Seven Powers of Self-Control; Seven Basic Discipline Skills; Seven Values for Living, Such as Integrity, Respect, Compassion, Responsibility and More. Can be held weekly or monthly.

For more information contact:

Parent Education Coordinator: Karen Sweeney
607-426-4879 or email your request to:
markarensweeney@gmail.com

NEW



Prevent the summer slide by participating in summer learning fun!

