



Provider Newsie

May/June Edition

Straight from Early Literacy Connections®

Read

Read The Very Hungry Caterpillar

By: Eric Carle

Eat

Make fruit caterpillars by alternating fruit on a wooden skewer.

The Very Hungry Caterpillar
(level 3 pg. 3-172)

Count

Go through the book and count how many foods, in total, the caterpillar ate.

Create

Make butterflies from zip lock baggies and pipe cleaners. Place sequins, beads, glitter, hair gel, etc. in the plastic bag for design.

Utilizing Early Literacy Connections® provides you with endless opportunities, no cost trainings, and onsite assistance! Call today to schedule a visit with Hailey Haigh. Training and mentoring visits are available for current curriculum holders and newly interested providers.

For more information call 776-2126 Ext. 251 or email haighh@proactioninc.org



Upcoming Opportunities

- May 5th ➡ CACFP Recipe Round Up – Bath 8:30am-11:00am
- May 11th ➡ ☺ PROVIDER APPRECIATION DAY ☺
- May 19th ➡ Spring Conference: Childhood Trauma – Montour Falls 8am-4:00pm
- May 19th ➡ CPR/FA – Bath 8:30am-2pm
- May 31st ➡ Fundamentals of School Age Care – Bath 6pm-8:30pm
- Jun. 4th ➡ CACFP I Am Moving I Am Learning – Bath 6-8:30pm
- Jun. 7th ➡ SUNY Video Conference – 6:45-9:00pm
- Jun. 9th ➡ CPR/FA – Bath 8:30am-2pm
- Jun. 14th ➡ Exploring Questions – Bath 6-8:30pm
- Jun. 18th ➡ Exploring Questions – Montour Falls 6-8:30pm



Noticing Your “School” Family

Do you ever find yourself at the end of a crazy day and wondering “what even happened today?” Working to take care of little ones all day is not slow paced work; it’s upbeat and requires you to be constantly on the move. Even through our busy days, though, it’s important to notice the children in our care and acknowledge the things they are doing without judgement. We often describe children’s actions as being good or bad, however that teaches judgement. Jenny Spencer, a Conscious Discipline Certified Instructor, recommends 4 steps to help you notice the helpfulness of children without judgement in her recent article “Creating the Habit of Noticing.”

Here are the steps she recommends:

1. Use the child’s name or the pronoun “you” when directing your comments
2. Describe in detail what the child did that was helpful
3. Help the child understand how that behavior helped someone else or the entire group/class
4. End the description/conversation with a tag.
 - a. “that was helpful” or “that was thoughtful”
 - b. “You _____, so _____. That was helpful!”

Try to notice at least 10 helpful acts per day and they can be noticed both publically and privately. A fun little way to remember to do this throughout the day is to start your day with 10 pennies (or any small object) in your right pocket. Each time you notice a helpful act (and verbalize it) move a penny to your left pocket. At the end of the day all your pennies should be in your left pocket. Now nobody is perfect and it does take about 21 days for new practices to become habit. Don’t be discouraged if at the end of the day all your pennies have not made it to your left pocket, give yourself an “oops” and try again tomorrow.

<https://consciousdiscipline.com/creating-the-habit-of-noticing/>

STEM into Action

Looking for a way to bring STEM (Science, Technology, Engineering, and Math) to life in your program. Sesame Street in Communities offers a wonderful webinar on Movement for STEM that you can use with your kiddos. And the best part is its 100% FREE! So get on over to www.sesamestreetincommunities.org for more information and to incorporate STEM into your program. Until then, here are a couple of ideas from the webinar to get you started:

- Science Investigation: Wind Experiment
 - What to do: Try blowing air at different things. Investigate to find out what objects can move with just a little air, and which objects need more force.
- Math Investigation: Body Math
 - What to do: Use your bodies to explore all kinds of math concepts – Use your fingers and toes to help you count how many blocks are in a tower.



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