

## HOW ARE PARENTS INVOLVED?

Parents are encouraged to be actively involved in their child's Head Start Birth-5 experience through classroom volunteering, representing your child's classroom on various committees, home visits, parent/teacher meetings, Parent Committee meetings, and participation in educational workshops or trainings.

Program staff are available to provide family members support in attaining goals relating to various areas such as: continuing education, obtaining employment, or accessing community resources.

## WHO IS ELIGIBLE?

Early Head Start: Serves pregnant women and infants and toddlers from birth through age 3.

Head Start/UPK: Head Start/UPK serves eligible children from 3 (where applicable) to 5 years of age, including those with special needs and disabilities.

Head Start Birth-5 applicants must be residents of Steuben or Yates County. Enrollees for the program must meet federal income guidelines or other eligibility requirements. Children who are enrolled in the center based classrooms must reside in the school district in which they attend school. Head Start Birth-5 actively recruits children with special needs and disabilities.

## WHEN DO CHILDREN ATTEND?

Head Start/UPK classroom schedules follow the local school district's calendar. Early Head Start services are provided year round.

## HOW DO I APPLY?

To complete an application, contact your local Head Start Birth-5 Program or the Main Office.

### **Head Start/UPK:**

Addison: 607-695-2657

Avoca: 607-566-2221 ext. 1122

Bath: 607-776-0465

Campbell-Savona: 607-527-9800 ext. 4224

Canisteo-Greenwood: 607-698-2190

Corning: 607-973-2903 ext. 203 or 204

Hornell: 607-324-0307 ext. 208 or 209

Jasper-Troupsburg: 607-525-6361

Penn Yan: 315-279-6251

Wayland-Cohocton: 585-728-9450

Eastern Steuben Home Based:

607-973-2903 ext. 202

Western Steuben Home Based:

607-324-0307 ext. 203

Yates County Home Based:

315-536-6856

### **Early Head Start:**

Addison Office: 607-695-2657

Bath/Northern Steuben: 607-622-5002  
ext. 3201 or 3202

Corning Office:

607-973-2903 ext. 205 or 206

Hornell Office: 607-324-0307 ext. 500

Penn Yan/Yates County Office:

315-536-6856

### **Head Start Birth-5/UPK Main Office**

117 E. Steuben St. Bath, NY 14810

607-776-2125 or 1-800-553-2033

Fax: 607-776-3432

Email: [headstart@proactioninc.org](mailto:headstart@proactioninc.org)

# Head Start Birth-5/UPK Program



**Serving pregnant women,  
infants, toddlers, and  
preschoolers throughout  
Steuben and Yates**



## WHAT IS EARLY HEAD START?

*Early Head Start (EHS)* is a federally-funded program which offers an array of services to pregnant women, and newborn to 3-year-old children and their families. The program's primary focus is to support the healthy development of infants and toddlers. EHS recognizes that early education is a vital part of the child's ability to succeed in school in later years. Early Head Start services are provided in either center based or home based settings.



### *Home Based Option*

Staff and parents work together during weekly home visits to implement the Parents as Teachers curriculum. This option also offers opportunities for enrolled families to meet and socialize with other children and parents. Home based services are available throughout Steuben and Yates counties.

### *Center Based Option (available only in Hornell and Corning)*

Infants and toddlers attend a curriculum-based classroom program designed to

enhance all areas of development in an enriching environment. Services include developmental assessments of enrolled children, individualized lesson plans, nutritious meals, and assistance in accessing health, dental, or mental health services.

## WHAT IS HEAD START/UPK?



The *Head Start/UPK Program* is a school readiness program that prepares 3 and 4 year old children for a successful transition to Kindergarten. Head Start/UPK is supported by federal funds and state Universal Pre-Kindergarten funds. All classrooms partner with the local school district's Pre-Kindergarten programs.

The Head Start/UPK program utilizes a research-based curriculum, *Creative Curriculum*, and other curriculum supports to ensure a developmentally appropriate program that aligns with both federal and state education standards. Well-equipped environments offer children opportunities for optimal growth and development. Highly qualified classroom teaching staff use a variety of strategies to help each child

develop physically, emotionally, socially, cognitively and creatively.

Through hands-on experiences, small and large group instruction, and child-initiated activities, enrolled children will have many opportunities to build upon existing language, literacy, science and math skills.

In addition to the center based classrooms, Head Start education services are also available through the *Home Based* program option in some areas. Similar to EHS, Head Start staff and parents work together during weekly home visits to build children's school readiness skills.

Services in all options include developmental assessments, nutritious meals and assistance in accessing health, dental, or mental health services. Program staff partner with families to develop individual child school readiness goals.



*Head Start Birth-5 does not discriminate on the basis of sex, race, national or ethnic origin, religion, or disability.*