

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham Salad Served on lettuce Cucumber & Tomato salad Fresh Fruit 100% Whole Wheat Dinner roll Promise Margarine 1% Milk Apple Juice	2 Hawaiian Chicken w/ Hawaiian Sauce Sour Cream Potato Seasoned Lima Beans Summer Fruit Citrus Salad 100% Whole Wheat Bread Promise Margarine 1% Milk Apple Juice	3 Fish Mornay w/ Mornay Sauce Tri Colored Rotini Beets Pears 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice
6 Meatball Sub w/ sauce & Parmesan Cheese Waxed Beans Mandarin Oranges W/W Hot Dog Bun Promise Margarine 1% Milk Grape Juice	7 Summer Chicken w/ Summer sauce Honey Roasted Sweet Potato Cauliflower Mixed Fruit 100% Whole Wheat Bread Promise Margarine 1% Milk Apple Juice	8 Tuna Salad Served on lettuce 3 Bean salad Peaches 100% Whole Wheat Dinner roll Promise Margarine 1% Milk Orange Juice	9 Hot Dog Potato Salad Spinach Cinnamon Applesauce 100% W/W Hot Dog Bun Promise Margarine 1% Milk Apple Juice	10 Macaroni & Cheese Stewed Tomatoes Vanilla Yogurt w/ fruit 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice
13 Stuffed Shells w/ Sauce Zucchini Cinnamon Pears 100% Whole Wheat Roll Promise Margarine 1% Milk Orange Juice	14 Sloppy Tom Supreme Carrots Tropical Fruit 100% W/W Hamburger Bun Promise Margarine 1% Milk Apple Juice	15 Chicken Salad served on lettuce Swiss Cheese Marinated Tomatoes & Green Pepper Watermelon 100% Whole Wheat Dinner Roll 1% Milk Grape Juice	16 Beef Stroganoff Spiral Pasta Summer Squash Medley Mandarin Oranges 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice	17 White Fish w/dill sauce Brown Rice Season White/Green Beans Pineapple Corn Muffin Promise Margarine 1% Milk Orange Juice
20 CLOSED FOR JUNETEENTH DAY	21 Cheese Tortellini w/ Chicken & Roasted Red Pepper Sauce Sicilian Blend Vegetable Fruit cocktail 100% W/W Bread Promise Margarine 1% Milk Apple Juice	22 Egg Salad on Shredded Lettuce Fresh Broccoli Salad Mojito Fruit Salad W/W Hamburger Bun Promise Margarine 1% Milk Orange Juice	19 BBQ Pulled Pork Baked Beans Coleslaw Strawberries w/ topping Whole Wheat Hamburger Bun Promise Margarine 1% Milk Grape Juice	20 Lemon Pepper Chicken Red Skinned Potato Harvard Beets Applesauce Whole Wheat Bread Promise Margarine 1% Milk Apple Juice
27 Meatloaf w/ onion Gravy Mashed Sweet Potato Peas Pineapple Tidbits 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice	28 Orange Pork w/ sauce Pacific Blend Veg Pound Cake Mixed berries & whipped topping 100% Whole Wheat Bread Promise Margarine 1% Milk Apple Juice	29 Chicken Pasta Primavera Zucchini with Tomatoes Tropical Fruit 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice	30 Salisbury Steak w/ Mushroom Gravy Macaroni Salad Broccoli Cranberry Fruit Salad 100% Whole Wheat Bread Promise Margarine 1% Milk Grape Juice	

Menu subject to change without notice.

Voluntary donations are very important to maintain the program. The suggested contribution per meal is \$4.00. We gladly accept Food Stamps, cash, or checks paid daily, weekly or monthly. Thank you.
If you are not yet 60, there is a charge of \$8.75per meal. See your site coordinator.

Substitutions can be made for the entrée meal only. Please call at least 2 days in advance with your choice.

- A. Mac and cheese, Stewed Tomato**
- B. Chicken with gravy, mashed potatoes and carrots**
- C. Meatloaf, Yams. Green Beans**
- D. Ham, Mashed Potato, Spinach**

