

## Pro Action Child Care Council

Steuben and Schuyler's most trusted child care resource

### Parent Newsletter

Volume 18, Issue 4

October - December 2023

## Dad is A Son's First Hero & A Daughter's First Love

Did you know ProAction has a program just for Dads called "Fatherhood Connection." Come join other Fathers for discussions and presentations that focus on Fatherhood, the challenges and joys. Meetings are Tuesday evenings from 6:00-8:00pm. We hope to see you there.



## The Boy, Man, and Patriarch

### FATHERHOOD CONNECTION Where Men Find Purpose & Identity

Tuesday Evenings, 6 p.m.—8:00 p.m.

13 Sessions Beginning September 12

*In-person groups to be held at:*

Pro Action

117 E. Steuben St., Bath

Or, attend via Zoom.

**Facilitated by Bob Lecher & Mary Hassan**

*Trained by Reggie Cox, Founder & Director of The Fatherhood Connection.*

For questions contact June Crandall 607-684-5916

Email: [crandallj@proactioninc.org](mailto:crandallj@proactioninc.org)

All services are free and open to everyone.

PHOTO VIA YOUNG LOVE MEDIA

We are back  
IN PERSON using Hybrid!  
You Choose to attend  
in person or Zoom

Registration is Required

<https://signup.com/go/owdRFbz>



Topics may include:

- Manhood, The True Meaning
- Parenting & Parentification
- Communication Methods
- Anger Management & Domestic Violence
- Discipline & Punishment
- Healthy Relationships & Blended Families
- Self-Care
- Family Safety



With Fall upon us the colder weather is sure to follow! Have you signed up for **HEAP** our **Home Energy Assistance Program**?



Low-Income Home Energy Assistance Program

HEAP offers the shelter and warmth that all people deserve. With HEAP, households can get some relief, and preserve limited cash for meeting their other needs.

### HEAP Services:

Resources to help pay a portion of annual energy bills:

- HEAP may help pay for: electricity, propane, natural gas, wood, oil, kerosene, coal, or any other heating fuel.
- Emergency assistance for households in a heat-related emergency
- Assistance with furnace repair or replacement for households with inoperable heating equipment
- The Clean & Tune Program helps to keep existing heating equipment safe and operational.
- Cooling Assistance Program can provide an air conditioner or fan.

Learn more about the program, eligibility, and accessing the application [HERE](#).

[www.proactioninc.org](http://www.proactioninc.org)

Pro Action works to build a community of resilient individuals and families who can meet their basic needs, overcome adversity, and prosper.



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### Family Fun Holiday Activities



#### Lollipop Ghosts

A fun way to pass out a sweet treat for Halloween is to wrap a lollipop in tissue, tie some Halloween colored ribbon around the bottom and easily use a marker to dot two eyes 😊 Don't forget to stay safe and check all Halloween treats before letting your children have any!

[Lolly Pop Ghosts \(onelittleproject.com\)](https://onelittleproject.com)



#### Thankful Turkeys

Create a thankful turkey by asking children what they are thankful for and writing on the turkey's feathers. If the children are old enough, they can write it themselves. If they are younger, they may need your help to write but they won't need your help to glue the feathers to their turkeys 😊

[www.pinterest.ca](https://www.pinterest.ca)



#### Ribbon Height Keepsake Ornament

Measure your child with a piece of ribbon and tuck it into a plastic ornament then attach this special little note 😊

[Ribbon Height Keepsake Ornament Idea - Crafty Morning](#)



**Pro Action Child Care Council Contact Information:**  
117 E. Steuben Street  
Bath, NY 14810  
1-607-776-2126  
Fax: 607-776-4873  
Hours of operation Monday – Friday 8:30a – 4:30pm

**Pro Action Child Care Council is a member of Winning Beginning NY and the Early Care and Learning Council. NYS Standard of Excellence Certified.**



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