

April 24

All meals served with 1% Milk, Juice, Bread, & Butter

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Swedish Meatballs Red Skinned Potatoes Broccoli, Pineapple Tidbits Orange Juice, W/W Bread	2 Savory Roast Pork Rotini, Italian Blend Vegetables Tropical Fruit Apple Juice, W/W Bread	3 Chicken Dijon Party Rice, Spinach Pears Grape Juice, Muffin	4 Beef Goulash Prince Edward Vegetables Applesauce Orange Juice, W/W Bread	5 Braised Beef Tips w/ Mushroom Gravy, Mashed Potato Succotash, Brownie Apple Juice, W/W Bread
8 Beef Stew Stew Vegetables Mandarin Oranges Apple Juice, W/W Bread	9 BBQ Chicken Red Potato, Cauliflower, Apricots Orange Juice, W/W Bread	10 Sloppy Joe Brussels Sprouts Mixed Fruit Compote Grape Juice, W/W Roll	11 Chicken Ziti w/ Parm Cheese Zucchini Apple Slices Grape Juice, W/W Bread	12 Chili Green Beans, Blushing Pears Corn Muffin Orange Juice, Muffin
15 Chicken Fettuccini Peas & Carrots Grapes Orange Juice, W/W Bread	16 Pulled Pork Waxed Beans Melon Grape Juice W/W Roll	17 Beef Stroganoff Mashed Potato, Broccoli Mixed Fruit Grape Juice, W/W Bread	18 Chicken Parmesan Rotini, Beans & Greens Strawberry Pineapple Jello Orange Juice, W/W Bread	19 Mac & Cheese Stewed Tomatoes Cherries Apple Juice, W/W Bread
22 Turkey Divan Pasta, Harvard Beets, Fruit Cocktail Orange Juice, W/W Bread	23 Ham Slice Scalloped Potato, Mixed Veg Pumpkin Pudding Orange Juice, W/W Bread	24 Meatballs w/ Mushroom Sauce Penne Pasta, Breen Beans Cinnamon Applesauce Apple Juice, W/W Bread	25 Roast Pork & Sauerkraut Red Potato, Carrots Strawberries Grape Juice, W/W Bread	26 White Fish w/ Dill Sauce Brown Rice, Prince Edward Veg Lime Pear Whip, Muffin Orange Juice
29 Chicken Cacciatore Pasta, Spinach Citrus Fruit Grape Juice, W/W Bread	30 Swiss Quiche Roasted Potato, Cauliflower Mixed Berries & Pound Cake Orange Juice	May 1 Pot Roast w/ Gravy Mashed Potato, Mirapoix Veg Pears Apple Juice, W/W Bread	May 2 Tangy Ranch Chicken Whipped Sweet Potatoes 5 Way Blend Veg, Mandarin Oranges Apple Juice, W/W Bread	May 3 Italian Lasagna w/Sauce Brussels Sprouts Grapes Apple Juice, W/W Bread

<p>Call: Senior Nutrition 607-776-4310</p>	<p>Subs:</p> <p>A. Mac & Cheese w/ Stewed Tomato</p> <p>B. Chicken w/Gravy, Mashed Potato, Carrots</p> <p>C. Meatloaf w/Gravy, Yams, Green Beans</p> <p>D. Ham, Mashed Potato, Spinach</p>	<p style="text-align: center;"><u>MEAL CONTRIBUTION</u></p> <p>Voluntary donations are very important to maintain the program</p> <p>* \$4.00 Suggested Contribution for Seniors 60 +</p> <p>We gladly accept Food Stamps, Cash or Checks</p>
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