

<p>Menu subject to change without notice. Voluntary donations are very important to maintain the program. <u>The suggested contribution per meal is \$4.00.</u> We gladly accept Food Stamps, cash, or checks. Thank you</p>	<p><u>If you are not yet 60, there is a charge of \$8.75 per meal</u> We gladly accept Food Stamps, cash, checks paid in advance. Thank you. All meals include 100% Whole Wheat Bread Promise Margarine 1% Milk</p>	<p>Sub Meals: A. Mac & Cheese Stewed Tomato B. Chicken w/Gravy Mashed Potato, Carrots C. Meatloaf w/gravy, Yams, Green Beans D. Ham, Mashed Potato, Spinach</p>		<p>1 WHITE FISH W/ DILL SAUCE BROWN RICE PRINCE EDWARD VEG LIME PEAR WHIP ORANGE JUICE MUFFIN</p>
<p>4 CHICKEN CACCIATORE W/ SAUCE PASTA SPINACH CITRUS FRUIT GRAPE JUICE W/W/ BREAD</p>	<p>5 SWISS QUICHE ROASTED POTATO CAULIFLOWER MIXED BERRIES POUND CAKE ORANGE JUICE</p>	<p>6 BEEF STIR FRY BROWN RICE STIR FRY VEG MANDARIN ORANGES GRAPE JUICE W/W/ BREAD</p>	<p>7 TANGY RANCH CHICKEN W/ SAUCE WHIPPED SWEET POTATO 5 WAY BLEND VEG MANDARIN ORANGES APPLE JUICE W/W BREAD</p>	<p>8 ITALIAN LASAGNA W/ SAUCE BRUSSELS SPROUTS GRAPES APPLE JUICE W/W BREAD</p>
<p>11 MEATLOAF W/ ONION GRAVY SWEET POTATO CREAMED CORN PINEAPPLE GRAPE JUICE W/W BREAD</p>	<p>12 PAPRIKA PORK W/CREAM SAUCE ROTINI ZUCCHINI & TOMATOES PEACHES APPLE JUICE W/W BREAD</p>	<p>13 HAM W/ FRUIT SAUCE MASHED POTATO GREEN BEANS CHERRY CRISP ORANGE JUICE DINNER ROLL</p>	<p>14 SHEPHERD PIE CREAMED SPINACH RICE PUDDING W/ RAISINS GRAPE JUICE W/W ROLL</p>	<p>15 PHILLY CHEESE STEAK W/SWISS CHEESE & PEPPERS & ONIONS CAPRIS BLEND APPLESAUCE ORANGE JUICE W/W HOT DOG BUN</p>
<p>18 CRANBERRY APPLE PORK W/ SAUCE PASTA WINTER SQUASH CINNAMON PEARS APPLE JUICE W/W BREAD</p>	<p>19 CHICKEN W/GRAVY ROASTED CARROTS PEACHES BISCUIT APPLE JUICE</p>	<p>20 POT ROAST W/ GRAVY MASHED POTATO MIRAPOIX VEG PEAS & CARROTS PEARS APPLE JUICE W/W/ BREAD</p>	<p>21 SLICED TURKEY W/GRAVY MASHED POTATO 4 WAY BLEND PUMPKIN CRISP GRAPE JUICE W/W/ BREAD</p>	<p>22 BAKED FISH W/ LETTUCE TARTAR PAPRIKA POTATOES BEETS BERRIES W/TOPPING W/W BURGER BUN ORANGE JUICE</p>
<p>25 CLOSED FOR CHRISTMAS</p>	<p>26 CLOSED FOR CHRISTMAS</p>	<p>27 CHICKEN BREAST W/ DIJON MUSTARD SAUCE PARTY RICE SPINACH PEARS GRAPE JUICE BLUEBERRY MUFFIN</p>	<p>28 BEEF GOULASH PRINCE EDWARD VEG APPLESAUCE ORANGE JUICE W/W BREAD</p>	<p>29 BRAISED BEEF TIPS W/ MUSHROOM GRAVY MASHED POTATO SUCCOTASH BROWNIE APPLE JUICE W/W BREAD</p>