

# THE GRAPEVINE EXPRESS

November/December 2025

Pro Action Yates Office for the Aging  
Hours of Operation: 8:30am-4:30pm Monday-Friday



Tuesday, November 11, Thursday & Friday, November 27  
& 28, Thursday & Friday, December 25 & 26

## **Don't forget! Medicare Open Enrollment period ends December 7th 2025**

You can evaluate and change plans between October 15th and December 7th each year during the Annual Open Enrollment Period.

### **The changes made during this time will go into effect January 1, 2026.**

The Pro Action Yates Office for the Aging Staff can help you decide what plans fit your needs best. There are still presentations being held at the following locations to go over Federal Medicare updates and Medicare Advantage plan changes:

**Penn Yan Yates County Office Building Auditorium:** Wednesday, November 12 from 10-11am

**Dundee Library:** Thursday, November 6 from 2-3pm

**Yates County Highway Building (Benton):** Friday, November 7 from 10-11am; Thursday, November 20 from 2-3pm

**Do you wish to not attend a presentation?** We are offering 2026 Yates County Medicare Reference Guide packets. Each packet will include all 2026 plan information, federal updates, and a comparison worksheet with tips and advice. These packets can be mailed to you or you can stop in to pick one up.

Call **315-279-4321** to reserve your spot at a session or request a packet. Attendance at the group sessions is strongly encouraged as there will be limited availability for individual meetings. You can also call 1-800-MEDICARE (633-4227) directly for assistance that is available 24/7 during the Open Enrollment Period.

## **"I missed the Medicare Open Enrollment Period – What do I do?!"**

Every year, the annual Medicare Open Enrollment period runs from October 15<sup>th</sup> - December 7<sup>th</sup>, and changes made during this time take effect January 1<sup>st</sup>. Understandably life sometimes gets busy and the deadline gets missed. Here are some Special Enrollment Periods (SEP's) that you can use if you missed the Open Enrollment Period:

If you are a member of EPIC and have not used your once annual special enrollment period in 2025, you can use it to change your plan before December 31<sup>st</sup> and the change will take effect January 1<sup>st</sup>. This is an annual SEP that all members of EPIC can use, regardless of plan or deductible status.

If your current plan notified you that the plan is terminating and will not be offering Medicare coverage in 2026, you have until December 31<sup>st</sup> to enroll in a new plan for January 1<sup>st</sup>. Additionally, you have until the end of February to enroll in a new plan and coverage will take effect the first of the month following your enrollment.

The Medicare Advantage Open Enrollment Period is an additional Open Enrollment period every year from January 1<sup>st</sup> to March 31<sup>st</sup> where Medicare beneficiaries can disenroll from their Medicare Advantage plan and enroll in a different Medicare Advantage plan or switch to Original Medicare and a stand-alone Part D plan. Coverage will take effect the first of the month following your enrollment.

If you find yourself in a position where you may need to use one of these enrollment periods, please reach out to Ashley Beach at 315-279-4321 or [tillmana@proactioninc.org](mailto:tillmana@proactioninc.org) for assistance.

## **No November Meeting & December 9**

- ♦ “Our Town Rocks” Champions Meeting will be held at the Our Town Rocks Office, 12 Main Street in Dundee at 10:00 am. For more information call Caryl Sutterby at 607-426-4015, go to [www.ourtownrocks.org](http://www.ourtownrocks.org) or email [ourtownrocks@ourtownrocks.org](mailto:ourtownrocks@ourtownrocks.org). All residents of the Towns of Barrington, Starkey, and the Village of Dundee are welcome to attend.
- ♦ No Community Gatherings scheduled for November or December.

## **November 14**

- ♦ Medicare and Wellness Fair hosted by Pro Action Yates Office for the Aging (OFA) from 1-4pm at St. Paul’s Lutheran Church, 135 Hamilton Street in Penn Yan. Meet with Medicare plan reps from MVP, Excellus, WellCare, WellCare by Fidelis, and United Healthcare to learn about 2026 plan options. Other agencies in attendance will be NYS EPIC, Yates County Public Health, Finger Lakes Community Health, and Pro Action Office for the Aging and the new Older Adult Center! Refreshments provided, and goodie bags for the first 50 attendees. Please note, Office for the Aging will not be providing Medicare counseling at this event. No registration required. Contact Ashley Beach for questions at 315-4321.

## **November 17 (Penn Yan) & November 18 (Dundee)**

- ♦ All Yates County family caregivers are welcome to visit and share with others who take care of, or are concerned about loved ones with dementia or Alzheimer’s at the Alzheimer’s Association’s Support Group meeting in-person typically the 4th Monday each month from 4:00-5:00 pm at the Penn Yan Library, 214 Main Street in Penn Yan and 4th Tuesday each month from 4:00-5:00 pm at the Dundee Library, 32 Water Street in Dundee. Due to holiday week, held the 3rd Monday and Tuesday in November. Registration is requested by contacting 1-800-272-3900.

## **November 19**

- ♦ Pro Action Yates office for the Aging will hold a Thanksgiving luncheon on Wednesday, November 19th at the First Baptist Church in Penn Yan. The menu is turkey w/gravy, stuffing, winter squash, cranberry sauce, rolls/butter, pumpkin crisp w/topping and water or coffee. The meal will be served at 11:30. Dine in only. No take-out meals available. Limited to 100 participants. Suggested donation of \$8 per meal for people over 60. Mandatory \$8.75 for people under 60. RSVP due by 11/10/25 by calling 315-279-4321.

## **November 21**

- ♦ Pro Action of Steuben and Yates, Inc. has partnered with Foodlink to provide a Drive Thru Pop Up Food Pantry on 11/21/25 from 10am – 11:30am at the Town of Starkey Highway Barn, 656 Dundee-Glenora Road, Dundee, NY 14837. **Pre- registration is required.** This is drive-thru only. Contact Pro Action Yates Office for the Aging at 315-279-4321 for more information.

## **November 30**

- ♦ Last day to utilize your Farmers Market Coupons. Reminder– not all markets will be open through 11/30/25 so be sure to check for closing dates.

## **December 17**

- ♦ Pro Action Yates Office for the Aging will hold a Christmas luncheon on Wednesday, December 17th at the First Baptist Church in Penn Yan. The menu is ham w/fruit sauce, baked potato w/ sour cream, green beans, rolls w/ butter, cherry crisp w/topping and water or coffee. The meal will be served at 11:30 am. Dine in only. No take-out meals available. Limited to 100 participants. Suggested donation of \$8 per meal for people over 60. Mandatory \$8.75 for people under 60. RSVP due by 12/8/25 by calling 315-279-4321.

## **December 19**

- ♦ Pro Action of Steuben and Yates, Inc. has partnered with Foodlink to provide a Drive Thru Pop Up Food Pantry on 12/19/25 from 10am – 11:30am at the Town of Starkey Highway Barn, 656 Dundee-Glenora Road, Dundee, NY 14837. **Pre- registration is required.** This is drive-thru only. Contact Pro Action Yates Office for the Aging at 315-279-4321 for more information.

## **December 22 (Penn Yan) & December 23 (Dundee)**

- ♦ All Yates County family caregivers are welcome to visit and share with others who take care of, or are concerned about loved ones with dementia or Alzheimer’s at the Alzheimer’s Association’s Support Group meeting in-person the 4th Monday each month from 4:00-5:00 pm at the Penn Yan Library, 214 Main Street in Penn Yan and 4th Tuesday each month from 4:00-5:00 pm at the Dundee Library, 32 Water Street in Dundee. Registration is requested by contacting 1-800-272-3900.

**Note: There will be no more Welcome to Medicare presentations or Plan Comparison Workshops until 2026.**

### **Tax-Aide Income Tax Service**

Pro Action Yates Office for the Aging and the AARP Foundation Tax-Aide Program are pleased to offer free income tax service again for tax year 2025. Experienced tax preparers will e-file your Federal and New York State income tax returns in a single 1-hour appointment. If you have a refund coming it can be received in as little as 2-weeks via direct deposit to your bank account.

More details on how to schedule appointments and what documents you need to bring will be covered in the next newsletter.

#### **Now is the time to start preparing for your 2025 tax return!**

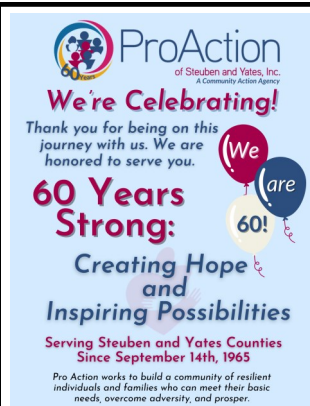
Each new year brings changes to the tax code and 2025 is no exception. As a matter of fact, there are several significant changes this year that you need to be aware of and prepare for.

1. Qualified tip and overtime income up to \$25,000 can be excluded. Employers will have to send some type of documentation of how much annual compensation is tip/overtime. You may need to remind your employer before W-2's are issued.
2. There is a new deduction for interest paid on a loan for a new car. Qualifying vehicles must be a new personal-use car, light-duty truck, van, SUV, or motorcycle (under 14,000 lbs). Used or leased vehicles do not qualify. The vehicle's final assembly must have occurred in the United States. The loan must have originated after December 31, 2024. This benefit can be claimed even if you take the standard deduction. There are lots of details that have not been fully worked out yet, but you will probably need the VIN plus a report document [1099] from lender showing amount of interest charged in 2025.
3. There is an expanded state and local tax deduction increasing from \$10,000 to \$40,000 for those who itemize. This could make itemizing worthwhile again for some filers.
4. Non-itemizers can now deduct charitable cash donations up to \$1,000 (or \$2,000 for married filing jointly).
5. The child tax credit is now permanent and has increased to \$2,200 per child.
6. There is a new senior deduction for individuals who are age 65 or older by the end of the tax year. The maximum deduction is \$6,000 for each eligible individual and is in addition to the current standard deduction. For a married couple filing jointly where both spouses qualify, the total deduction is \$12,000. This deduction is automatically applied and available whether you itemize or not. This bonus deduction phases out for higher earners (MAGI \$75,000 for single filers and \$150,000 for married filers).
7. Home energy efficiency credits are phasing out and any upgrades must be finished by 12/31/2025 to qualify.
8. Many employers and financial institutions are only issuing tax documents electronically. We need paper copies to work with so you must print them out before your tax appointment.

The tax preparation location is St. Paul's Lutheran Church, 135 Hamilton Street, Penn Yan, NY. Appointment days and times are not yet determined. Look for more info in the next newsletter.

Please come prepared for your 2025 tax return. It will make the experience better for all of us!

Tax-Aide is always looking for new volunteers as tax preparers but also for several other positions. If you feel you can give some of your time to help our community or know of someone else who may want to volunteer, please contact Pro Action Yates Office for the Aging at 315-279-4321.



On **September 14th, 2025**, Pro Action of Steuben and Yates, Inc. celebrated a remarkable milestone: sixty years of unwavering service to the residents of Steuben and Yates Counties. Established in 1965 as the official Community Action Agency by federal and state designation, Pro Action has consistently addressed the underlying challenges of poverty, nurturing hope and inspiring new horizons for individuals and families across the region. Throughout its evolution, Pro Action has become the largest and longest-serving organization dedicated to poverty alleviation in the area. By harnessing federal, state, and local resources, Pro Action has not only enhanced the lives of community members but also strengthened the local economy. The organization's vision of a resilient, thriving community—where every person and family can flourish—comes to life through programs that reach more than 13,000 residents each year, fostering stability and self-reliance.

**REMINDER: Contact Pro Action Yates OFA at 315-279-4321 if your address has changed so we can ensure you continue to receive the newsletter. Thank you.**

## Protecting Older Adults From Scams

Source: [www.fingerlakes1.com](http://www.fingerlakes1.com)

In September 2025, Federal prosecutors charged eight people in a sweeping fraud investigation targeting scams against elderly victims - including cases involving fake government agents, romance scams, forged IDs, and counterfeit checks. The multi-agency crackdown, part of an initiative called "Save Our Seniors", uncovered more than \$11 million in actual and attempted losses affecting 139 victims, many of them in **Western New York**.

The arrests stemmed from seven separate criminal complaints, each outlining different fraud schemes:

- Dhruv Patel, 34, of New Jersey, allegedly attempted to collect \$567,000 in gold bars from an elderly woman in a tech support scam. He's accused of coordinating pickups for fraudsters and defrauding victims out of over \$9.1 million.
- Stephen Odiboh, 53, of Georgia, allegedly received \$70,000 from a romance scam targeting a woman in Western New York. He was on supervised release for a prior conviction when he laundered the money.
- Renee Thompson, 52, of Florida, is accused of creating 17 counterfeit checks from a local company and laundering over \$234,000, even after receiving a government warning letter known as a "money mule letter."
- Christopher Hernandez, 29, of New Jersey, allegedly hacked into a woman's retirement account and stole \$175,000, which he laundered. He's also accused of producing and selling fake IDs and bank cards.
- Touhedul Tuhin, 24, and Iftekhar Latif Nieon, 23, both of Ohio, allegedly posed as federal agents and tech support to steal nearly \$276,000 from elderly victims — including multiple individuals in Western New York. Both were in the U.S. on student visas.
- Elias Circle, 23, of Ohio, is accused of deceiving a local resident over several years through fake emails claiming to be from government agencies. The victim sent over \$600,000.
- Estermarie Jones, 35, of Rochester, allegedly altered \$1 money orders to look like \$1,000, used stolen identities to open fraudulent accounts, and possessed dozens of fake IDs and bank cards — totaling \$190,032 in attempted losses.

**A growing scam threat:** All of the cases involved victims aged 60 or older. Authorities say the scams were designed to appear legitimate — with fraudsters posing as customer service reps, government agents, or even love interests — to gain trust and steal money.

The **Save Our Seniors (SOS)** task force was launched in April 2025 and includes federal, state, and local law enforcement agencies. It focuses on stopping financial scams targeting older Americans. Partners in the effort include the FBI, IRS Criminal Investigations, Homeland Security, U.S. Secret Service, New York State Police, Rochester Police, Monroe County DA's Office, and others.

**What to watch out for:** The U.S. Attorney's Office issued a warning to the public, stating that no real federal agent or government worker will ever:

- Ask you to withdraw cash, buy gold bars, or use gift cards to send payments
- Request peer-to-peer payments via apps like Zelle, CashApp, or Apple Pay
- Demand cryptocurrency transfers
- Offer to "fix" your computer remotely
- Request your bank account or Social Security number over phone or email

Anyone who thinks they or a loved one is being targeted should stop all payments, save communications, and report it to local police or the FBI.

## **Pro Action Yates OFA Transportation, Emergency Response, and Project Lifesaver Programs**



### **Transportation Program**

\*We regularly travel throughout Yates County as well as have routes to out of the county locations, including but not limited to Canandaigua, Geneva, and Rochester. To schedule a transportation trip, please call the Yates OFA Transportation Line at 315-279-4409. **If you require a wheelchair accessible van, please mention that at the time of your call.** If you would like to request a volunteer riding companion, please request this when you call. To be courteous to our companions and increase the availability of riding with a companion, it is best to request your ride 2 weeks in advance.

\*We are operating with a low number of drivers. Medical trips are the priority. Grocery shopping trips are scheduled around the medical appointments for the week if there is availability. If you have a non-medical trip need, call and ask if it can fit into the schedule. Tuesday and Thursday are the preferred days.

### **Important Reminders:**

- OFA cannot provide rides to medical appointments for individuals with Medicaid. They need to utilize Medicaid Transport Services.
- OFA is not a medical transport. All riders must be able to get to and from the van on their own. **Drivers are not able to lift, pull or tug.** For everyone's safety, our drivers can only lend an arm and each vehicle has a step stool to help with getting in/out of the vehicle.
- Drivers are not permitted to load/unload your grocery bags from the vehicle. If you are using our transportation program to grocery shop, then you must be able to carry your own bags.
- You are always welcome to have a family member or friend ride along with you. Please make sure to mention this at the time of your request.
- Reminder calls are made the morning prior to your ride. If you do not receive a call by 2pm the day prior, please call our office after 2pm to confirm your ride.
- If you need to cancel a ride, please call the main Yates OFA phone number at 315-279-4321 as soon as you can, and speak to the receptionist so that the driver can be notified and does not drive to your home.

\*\*\*\*A minimum of 3 business days' notice is required for in town and a week's notice is required for out-of-town transportation requests.



### **Personal Emergency Response Services (PERS)**

**QUESTION:** Have you ever thought about what you would do if you were alone in your home and needed medical help?

**ANSWER:** A Personal Emergency Response System.

The fee for the service is \$30 per month or \$45 for a unit with a Cell Modem for households without a land-line phone. It covers 24-hour monitoring, annual maintenance, and service calls.

Additional services available include:

- ♦ Falls Detection Pendants can be added for an additional \$10 per month.
- ♦ Cell Modems can be linked to the unit for an additional \$15 per month and a 1 time \$10 hook up charge (for homes without a landline phone).
- ♦ Smoke Detectors can be added to your service for an additional \$5 per month.
- ♦ Second Pendant for someone in the same household can be added for an additional \$5 per month.

**The Project Lifesaver System** offers help in rescuing loved ones who may wander. If your loved one has Alzheimer's, dementia, autism, or Down Syndrome, this is a great program. It is offered to anyone in Yates County, regardless of age. The monthly cost is just \$25.

\*\*If you would like more information or to sign up for either program, please call Sarah Thillman at the Yates OFA at 315-279-4321.

**GET INVOLVED!**  
**Strengthening yourself by Strengthening your Community**

- ♦ **Pro Action Home Delivered Meals Drivers-** We cannot serve our customers without the help of volunteers who deliver the meals. Volunteers are the heart and soul of our program, providing so much more than a meal. Volunteers provide the warm, human contact our older adults need and may be the only contact that older adult has that day. Whether you have only a few hours one day per week, can volunteer every day, or can only work a few hours a month, your assistance is needed. Background and driver's license checks are required. Mileage is paid. Call Becky Bennett-Tears at 315-279-4321 for more information.
- ♦ **Phone Friends-** Pro Action Yates Office for the Aging is seeking volunteers to make brief, friendly phone calls to homebound older adults to provide emotional support and to enhance social contact. Call Becky Bennett-Tears at 315-279-4321 for more information.
- ♦ **Milly's Pantry** - we are looking for some friendly folks to volunteer at the Pinwheel Market. For more information, please stop in (19 Main Street, Penn Yan), call 315-595-2500, or email [volunteer@millyspantry.org](mailto:volunteer@millyspantry.org).
- ♦ **Keuka Comfort Care Home**—Throughout the year we look for people to help with our fundraisers; we need pie makers in September, and various other tasks. We also have openings for volunteer caregivers for our residents. For more information call 315-536-1690 or email [director@keukacomfortcarehome.org](mailto:director@keukacomfortcarehome.org).
- ♦ **Food Box Delivery-** Pro Action's Hope Center Keuka Food Pantry is seeking volunteer drivers for the once-a-month food delivery to eligible individuals. Approximately 1 to 2 hours per month required. Call Becky Bennett-Tears at 315-279-4321 for more information.
- ♦ **Front Desk help-** Pro Action Yates Office for the Aging is seeking volunteers to answer and transfer phone calls, help customers who come into our office, and general clerical duties. Volunteers decide how often they assist. We will train you! Contact Becky Bennett-Tears at 315-279-4321 for more information.
- ♦ **Pop Up Food Pantry-** Pro Action Yates Office for the Aging is seeking volunteers for the once-a-month food pantry to assist with sorting, packing and distributing food to drive thru participants. Approximately 3 hours once a month. Call Becky Bennett-Tears at 315-279-4321 for more information.
- ♦ **Transportation Companion-** Pro Action Yates Office for the Aging is seeking volunteers to accompany older adults being transported by Office for the Aging, to their medical appointments. As a volunteer you would ride along with the older adult on our vehicle, help make sure they get to their designated appointment spot, wait while they are in the appointment and then accompany them back to our vehicle and ride back home with them. Call Becky Bennett-Tears at 315-279-4321 for more information.

**What if you fall, do you want to learn how to get up?**  
**Would you like to feel stronger and have more stamina?**  
**Do you want to have fun and be active at the same time?**

**Bone Builders-** Osteoporosis Prevention and Bone Strengthening – 12 weeks In person and Microsoft Teams  
Penn Yan – Tuesdays: September 30 to December 16 from 10:00-11:00 am at St. Paul's Lutheran Church  
Penn Yan – Thursdays: October 2 to December 18 from 10:00-11:00 am at St. Paul's Lutheran Church

**Beginner Tai Chi-** Relieve Pain and Improve Health and Balance 16 weeks  
Penn Yan – Wednesdays: October 22 to February 4 from 11:00 am to 12:00 pm at St. Paul's Lutheran Church

**Walk with Ease**— Helps people with arthritis improve balance, reduce pain, and improve overall health.  
Penn Yan- Classes will be held on Mondays, Wednesdays and Fridays from 8:45 to 9:45 am in the Pro Action Yates Office for the Aging Conference Room. This class runs for 6 weeks. Next class to be scheduled soon.

**Bingocize-**This program combines bingo with exercise using exercise bands and exercise balls. Classes are held twice a week for 10 weeks and 1 hour per class. Class is on Mondays and Fridays, September 8 to November 14 from 12:00pm –1:00pm at St. Mark's Terrace in Penn Yan.

\* To sign up for these classes, call Pro Action Yates Office for the Aging, Priscila Ames, at 315-279-4321.  
Transportation may be available.

### **HEAP Announcement—Changes for 2025-2026**

People should reference the following website <http://otda.ny.gov/programs/heap/> for full details and information about the HEAP Program.

- 25-26 Regular HEAP benefit will open November 3, 2025.
- 25-26 Emergency benefit will open January 2, 2026.
- 25-26 Cooling Assistance benefit will open April 15, 2026. Anticipated closing date June 22, 2026.

**\*\* \*HEAP Applications are accepted at the local Yates County Department of Social Services, 417 Liberty Street, Suite 2122, in Penn Yan, 315-536-5184\*\*\***

**NOTE: No Heating Equipment Repair and Replacement, Clean and Tune, or 2nd Emergency HEAP benefits in the 2025-2026 HEAP budget at the time of this newsletter printing.**



### **Activities at the Pro Action Yates Office for the Aging's Older Adult Center**



**\*\*Discover Live** is a virtual and interactive travel experience with exceptional tour guides from around the world. Discover Live whisks you away on premier, AI-empowered, virtual tours to incredible locales across the globe. Tours are 1 hour in length. Upcoming scheduled tours for November and December include:

- November 4: Winnipeg, Canada 3:30pm
- November 10: National Mall, Washington, DC 2:30pm
- November 12: Strasbourg, France 10:30am
- November 24: Plymouth, England 11:00am
- November 25: Miraflores, Lima, Peru 1:30pm
- December 4: Holiday in Paris, France 12:00pm
- December 12: Holiday in Strasbourg, France 10:00am
- December 15: Holiday in Ljubljana, Slovenia 1:30pm
- December 18: Holiday in Mexico City, Mexico 2:30pm
- December 22: Holiday in Krakow, Poland 1:30 pm

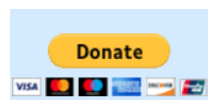
To attend a tour, you need to pre-register by calling Pro Action Yates Office for the Aging at 315-279-4321. Limited space available with tour attendance limited to 10 older adults. No limit on the number of tours you can attend. Tours are broadcasted at Pro Action Yates Office for the Aging, 417 Liberty Street in Penn Yan.

**\*\*Contact the Pro Action Yates Office for the Aging at 315-279-4321 for additional activities that will be happening in the Older Adult Center in November and December. \*\***

### **Donations Welcome at the Pro Action Yates Office for the Aging**

If you or someone you know is interested in making a donation to Pro Action Yates Office for the Aging to support our work to improve individual's lives, there is a Donate section on the Pro Action of Steuben and Yates, Inc website located at: <https://proactioninc.org/support-us/>

You can make a donation in whatever amount you can share. You can donate by PayPal. If you prefer not to submit a donation electronically, you can send checks, payable to Yates Office for the Aging to: Yates Office for the Aging, 417 Liberty Street, Suite 1116, Penn Yan, NY 14527. Please indicate "donation" in the memo field of your check and you can specify a specific program if you choose.



Yates County Office for the Aging  
417 Liberty Street, Suite 1116  
Penn Yan, NY 14527  
Phone: 315-279-4321  
Fax: 315-536-5514  
Email: [ycofa@proactioninc.org](mailto:ycofa@proactioninc.org)  
[www.proactioninc.org](http://www.proactioninc.org)

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## THE GRAPEVINE EXPRESS NOVEMBER/DECEMBER 2025

### **Emergency/Weather Related Closings**

Pro Action Yates OFA Transportation, Exercise/Wellness Classes, and Nutrition Services are closed whenever the Penn Yan Schools are closed for weather-related reasons. Although meals are not served that day, we send out emergency non-perishable meals in advance in case of weather closings so no one goes hungry. If a special event is cancelled, the event will be postponed for one week.

**\*\*To find out if we are closed due to weather, listen to WROC Channel 8 or WHAM Channel 13 or check the Yates NY Connects/Office for the Aging Facebook Page.**

### **Procedures for Hope Center Keuka Food Pantry Holiday Distributions**

- Individuals need to call in advance to set up an appointment. Contact Number is 315-924-3502.
- If this is the person's first visit, the appropriate paperwork needs to be filled out.
- In addition to the person's pantry shopping choices, additional traditional holiday food and fresh vegetables will be provided, as available.
- Holiday meats would either be turkey, ham, or chicken, depending upon availability.

**\*Regular Hope Center Hours: Tuesday 11am-4pm, Wednesday 9am-2pm, and Thursday 10am-2pm.**

### **Stay Informed**

- Follow Yates NY Connects/Office for the Aging on Facebook.
- Go to our website for previous issues of The Grapevine Express at <http://proactioninc.org/thriving-seniors/>



**Yates NY Connects/Office for the Aging**

This newsletter is funded in part through the New York State Office for the Aging under Title III-B of the Federal Older American's Act