



2026

### Pro Action Yates Office for the Aging Directory of Services

417 Liberty Street, Suite 1116  
Penn Yan, NY 14527  
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Marianne Rosica-Brand, Director



Save This!!

Welcome to the Pro Action Yates Office for the Aging. Our mission is to help Yates County residents, 60 years of age and older, remain independent in their homes while maintaining their dignity and quality of life. Please see the following directory for our list of services and who, of our helpful staff members, you may contact if you have any questions or needs. Our hours of operation are Monday-Friday 8:30am-4:30pm. You may reach all of our staff by calling 315-279-4321 unless otherwise indicated or at their email address listed below.

PROGRAM	PROGRAM DESCRIPTION	CONTACT PERSON
Grapevine Express	OFA's bi-monthly newsletter informing Yates County seniors of OFA and local programs and events as well as educational articles.	Becky Bennett-Tears <a href="mailto:bennett-tearsb@proactioninc.org">bennett-tearsb@proactioninc.org</a>
Information and Referral/Yates NY Connects Choices for Long Term Services and Supports	Offers information about OFA programs and referral to the appropriate contact person. NY Connects is available to all ages for information and referral regarding long term care choices	Becky Bennett-Tears <a href="mailto:bennett-tearsb@proactioninc.org">bennett-tearsb@proactioninc.org</a> Ashley Beach <a href="mailto:tillmana@proactioninc.org">tillmana@proactioninc.org</a>
Transportation Transportation Companion Program	Provides trips for medical appointments in and out of Yates County, as well as social trips for shopping, errands, special events, etc.	Sarah Thillman <a href="mailto:thillmans@proactioninc.org">thillmans@proactioninc.org</a>
Private Care Registry	A list of private duty aides, nurses, housekeepers, companions, etc.	Jennalyn Conley <a href="mailto:conleyj@proactioninc.org">conleyj@proactioninc.org</a>
Health Insurance Information and Assistance	Information and counseling regarding questions related to Medicare, long-term care insurance, pharmaceutical coverage programs, Medicare Savings and Medicare Extra Help	Ashley Beach <a href="mailto:tillmana@proactioninc.org">tillmana@proactioninc.org</a> Becky Bennett-Tears <a href="mailto:bennett-tearsb@proactioninc.org">bennett-tearsb@proactioninc.org</a>
Prevention and Wellness	Offers community evidence-based health promotion classes to increase physical activity and maintain independence.	Priscila Ames <a href="mailto:nunes-amesp@proactioninc.org">nunes-amesp@proactioninc.org</a>
Tax Assistance	Preparation of tax forms from February-April 15.	Call Office for the Aging 315-279-4321 to schedule an appointment.
Volunteer Program	Many different opportunities to volunteer with seniors. One time, or on-going opportunities, we will work with your schedule and interests.	Becky Bennett-Tears <a href="mailto:bennett-tearsb@proactioninc.org">bennett-tearsb@proactioninc.org</a>
Elder Abuse	Public education regarding physical and financial abuse, mistreatment or neglect.	Jennalyn Conley <a href="mailto:conleyj@proactioninc.org">conleyj@proactioninc.org</a>

Legal Services	Referrals provided to Legal Assistance of the Finger Lakes for individuals to have access to representation on rights, benefits, and issues regarding civil law.	Ashley Beach tillmana@proactioninc.org Becky Bennett-Tears bennett-tearsb@proactioninc.org
Nutrition Counseling	Consultation with a Registered Dietician is available by appointment to discuss diet and nutrition, including special needs diets.	Elizabeth Hoskins hoskinse@proactioninc.org
Personal Emergency Response (Fall Assistance Program)	A device to wear which offers immediate access to emergency assistance when button is pressed.	Priscila Ames nunes-amesp@proactioninc.org
Project Lifesaver (Wandering Locator System)	A water-resistant personalized wristband transmitter worn by individuals who have a tendency to wander that emits a unique tracking signal every second, 24 hours a day for location.	Priscila Ames nunes-amesp@proactioninc.org
Long Term Care Options Counseling	Advice and counseling on in-home services and residential options.	Ashley Beach tillmana@proactioninc.org Becky Bennett-Tears bennett-tearsb@proactioninc.org
Home Delivered Meals	Nutritious meals delivered to your home for short or long periods of time depending on your need.	Jennalyn Conley conleyj@proactioninc.org
Caregiver Support Program	Offers guidance, respite and support to those who provide assistance to loved ones.	Jennalyn Conley conleyj@proactioninc.org
Consumer Directed In-Home Services	Enables an individual who needs personal care assistance at home to have a choice in selecting and managing the way they receive care and who provides the care to them.	Jennalyn Conley conleyj@proactioninc.org
Expanded In-Home Services for the Elderly (EISEP)	For frail individuals needing help with housekeeping, personal care, shopping, laundry, etc.	Jennalyn Conley conleyj@proactioninc.org
Case Management	Helps to identify needs of individual, plan care, Arrange and monitor services.	Jennalyn Conley conleyj@proactioninc.org
Telephone Reassurance (Phone Friends)	A phone call to home-bound seniors to Check on well-being and to encourage social interaction.	Jennalyn Conley conleyj@proactioninc.org